

Theatre Workshop

THE NEUTER MASK

The “Maschera Neutra” (Neuter Mask) is the brilliant basis of a research for a physical theatre, arranged by JACQUES LECOQ at the end of the ‘50s. Fundamental device of his pedagogy, the Neuter Mask is strictly the opposite of the expressive masks: it doesn’t express anything. This emotive absence itself leads towards a different knowledge, a precious mastery, a control of the body instrument. From the emotional vacuum, pure movement develops through an extra-ordinary space. Deprived of our own face and words, we have nothing but our body to enter the silence. We begin to feel it as an happening. Following a first path -through silence and quietness- the Mask starts a journey, finding back states of pure listening of space and time, by means of natural elements; afterwards, leaving the body all the expressive responsibility, it shall cross natural elements in their most diverging form, asking body and improvisational potentialities for more dynamics.

Meetings comprise one physical training part and one regarding the Mask and the improvisation. The specific study of this Mask is addressed to the ones who start an artistic path, dancers willing to add the world of sensation, perception and emotion to their discipline, to enrich their artistic basis, to the ones willing to experience the body “presence” within the space void.

Eight meetings are planned, divided in two weeks, e.g. Wednesday, Thursday, Saturday and Sunday, 3 to 6 hours each.

Comfortable clothing is required.

Info: +39 339 3812810

Max: 20 persons Min: 10

SABRINA MARSILI

Graduated at Jacques Lecoq’s International Theatre School, she works in Italy and abroad as an actress. Directress of several teatrodanza (Dance-theatre) shows, she carries out research and teaching activities.